

Atlanta Local Food Initiative  
presents

## The Incredible Edible, Grow-It-Yourself Fruit Tree, Vine, and Berry Bush Sale

Featuring 40 native, antique, and hardy varieties, selected to grow well in Georgia's climate using sustainable techniques. You'll find delicious varieties of common fruits, as well as specialty items, including paw paws, kiwi, persimmons, and pomegranates.

**When:** January 22, 2011 from 9am until 12pm

**Where:** **Atlanta Community Food Bank**  
970 Jefferson Street NW  
Atlanta, GA 30318

**Why:** To bring homegrown fruit to homes around Atlanta and to benefit the Atlanta Local Food Initiative

**How:**

- 1) Look at the selection below and pick your favorites
- 2) Order ONLINE through our presale Jan. 3-17.
- 3) On sale day:
  - Arrive early for best selection, supplies are limited.
  - For presale orders, there will be express pick up
  - Fruit experts are on hand to advise on planting and care
  - **Farmer D Organics** will be offering planting supplies for sale
  - **UGA Cooperative Extension** will host planting demos
  - **Café Campesino** will be offering coffee, cocoa, and pastries

For more information and presale  
[www.atlantlocalfood.org](http://www.atlantlocalfood.org)

## Fruit Trees

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### Antique Apples bare root 4-5'

**\$20.00**

**Bears: 3-4 years**

**Space: 25-30'**

**Sun: Full**

Produce best with two varieties. Pollinators: Arkansas Black, Fuji, Gala, Horse Apple, and Yates. Stayman Winesap pollinates best with Fuji or Gala.

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**Arkansas Black:** Pollinator. A medium to large apple with dark red skin. The flesh is firm and crisp. Flavor is balanced, pleasant and sweet. It is excellent for juice and storage. This hardy and vigorous apple is a heavy bearer. Ripens October to November. 800-900 chill hours. Zones 5-8

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**Fuji:** Pollinator. Medium to large popular eating apple. Reddish-green color. Firm, crunchy, juicy, white flesh with excellent flavor. An apple with good keeping quality. Ripens early to mid-September. 350-400 chill hours. Zones 5-9.

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**Gala:** Pollinator. Medium apple with golden-yellow skin and a reddish-orange blush. Flesh is firm, crisp and sweet with excellent flavor. Stores well. Ripens late August to early September. 500 chill hours. Zones 5-7.

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**Horse Apple:** A medium size apple with a golden yellow skin. Firm and juicy flesh is good for eating, cooking and baking. An excellent late apple, good to wrap and keep for winter. Very tart until fully ripe. Pollinator. Ripens late July. 600 chill hours. Zones 5-8.

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**Stayman Winesap:** Medium size. Bright to deep red speckled skin. Yellow, firm and crisp flesh with a tangy flavor. Good for dessert, canning or juice. A great lunch apple. Early bearer. Pollinate with Fuji or Gala. Ripens September into October. 800 chill hours. Zones 5-8.

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**Yates:** Pollinator. This apple is small and pale red with darker stripes. Firm, juicy, aromatic flesh and excellent taste. A heavy bearer and excellent pollinator for most apples. This apple is easy to grow and a favorite for wildlife. Ripens mid October. 800 chill hours. Zones 5-9.

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### Crabapples bare root 4-5'

**\$20.00**

Crabapples can be cross-pollinated with crabapples or apples.

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**Callaway:** The pink bud becomes a white flower, and the large (1 1/4 inch) fruit is red. Crisp yellow flesh is mildly tart. Fruit is good for fresh eating and jelly. It grows 15 to 25 feet tall. Very disease resistant. Zones 4-9.

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**Transcendent:** Large. Yellow with red cheek. Heavy bearer. Long time favorite for fresh eating and cooking. Fine for jelly. A beautiful variety of Siberian Crabapple displaying showy white spring blooms. Good pollinator for other apples. Self-fertile. Ripens mid-summer. 300-400 chill hours. Zones 3-10.

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**Figs bare root 2-3'****\$20.00****Bears: 2-3 years****Space: 15-20'****Sun: Full**

Heavy yearly pruning, necessitated by putting a large plant in a small landscape space, causes poor fruiting. They need at least 8 hours of sunshine per day to ripen. In cold areas, plant on the south side of your house. Try to avoid early morning and late evening winter sunshine.

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**Brown Turkey:** A heavy bearing fig of medium to large size. Bell shaped. Purplish-brown skin with light to amber color flesh. Sweet, Excellent. Medium size fruit; hardy to 10F, will produce some fruit even if frozen to the ground in winter Zones 7-9.

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**Celeste:** Most cold hardy variety. Flesh is white to rose color. Skin is purplish brown. Known as best fig for its size. Has a complex sweetness that leaves a pleasant aftertaste. Excellent for canning and preserving. Trees grow to large size. Winter hardy to 0F. Zones 6-9.

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**LSU Purple:** Released from LSU. Medium size fig with large, light green leaves and stunning, Reddish to dark purple with a strawberry purple pulp. Excellent taste with a high sugar content. Produces 2-3 crops. Great for the Deep South. Zones 6-9.

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**Paw Paw potted 9"****\$20.00****Bears: 2-4 years****Space: 15-20'****Sun: Full or shade**

Hardy, unique, Native American fruit. Fruit combines banana-like flavor with creamy, custard-like flesh. Greenish yellow 3"-6" long fruit is high in protein and very healthy. Two varieties recommended for higher fruit yield..

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**Mango:** Most vigorous Paw Paw. Quickly becomes a small tree and bears large, tasty fruit with attractive orange –yellow flesh. Zones 3-9.

**Rebecca's Gold:** Produces large, very sweet and richly flavored fruit. Thin skinned. Yellow flesh with a few small seeds. Late ripening. Zones 3-9

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**Pears bare root 4-5'****\$20.00****Bears: 2-3 years****Space: 15-20'****Sun: Full**

Pears require cross-pollination; Asian pears are semi self-fertile but multiple varieties are recommended

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**Moonglow:** Large. Brownish-green skin. Fruit resembles Bartlett in shape. Soft flesh, moderately juicy and nearly free of grit. Flavor mild. A good pollinator for other pears. Ripens early August. 500 chill hours. Zones 5-8

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**Seckel (Sugar):** Small to medium with extraordinary flavor. A connoisseur's delight. Fruit is smooth and is extremely sweet and very juicy. Distinctive, spicy, rich, aromatic flavor. Got its name because it is referred to "as sweet as sugar". Self-fertile but heavier crop with cross pollination. Ripens late Sept. 500 chill hours. Zones 5-8.

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**Asian Pear 20th Century:** Medium Round. Thin yellow-green skin. Firm, extremely juicy, crisp flesh. Excellent quality. Tolerates drought and heat. Partly self-fertile. Pollinate with Hosui or Shinko. Ripens late July through mid August. 400 chill hours. Zones 6-9.



**Asian Pear Hosui:** Medium to Large. A consistent taste test winner. Golden russet skin. Juicy, sweet, flavorful, fine textured flesh. Crisp and refreshing like an apple. Good keeper. One of Japan's leading sellers. Ripens early through late August. 450 chill hours. Zones 6-9.

**Persimmons bare root 3-4'**

**\$20.00**

**Bears: 2-3 years**

**Space: 25-30'**

**Sun: Full**



**Fuyu:** This large orange persimmon rates high in flavor and consistent, reliable production. Fruit will ripen on or off the tree and will last for weeks without refrigeration. Non-astringent. Zones 7-10.



**Hana-Fuyu:** Very large, obliquely rounded fruit, reddish orange skin, smooth texture, non-astringent, juicy. Wonderful flavor and quality. Dwarf size tree. Fruit can weigh up to 1/2 lb each. Ripens mid October. Zones 7-10.

**Plums bare root 4-5'**

**\$20.00**

**Bears: 2-3 years**

**Space: 15-20'**

**Sun: Full**



**Methley:** Pollinator. Excellent quality. Medium size with dark purple skin and deep red flesh. Juicy flesh with a sweet mild flavor. Good for fresh eating or jelly. Early bloomer. Heavy crops with red, delicious flavor. Partially self-fertile. Ripens early June. 250 chill hours. Zones 5-9.



**Santa Rosa:** Very Large. Japanese plum. Purplish-red skin with blue bloom. Firm flesh, yellow to dark red near skin. Rich, pleasing tart flavor. Self-fertile. Ripens mid-June. 400 chill hours. Zones 5-9.

**Pomegranate bare root 2-3'**

**\$20.00**

**Bears: 2-3 years**

**Space: 10-15'**

**Sun: Full**

Useful as landscape plants as well as for fruit. Attractive orange red flowers. Fountain shaped shrub or tree, depending on the training. Needs sun for best flowers and fruit. Drought tolerant. Grows well in alkaline soil that would kill most plants. Cold hardy.



**Angel Red:** Unique gourmet fruit. Bright red, large fruit produces almost a month ahead of Wonderful. Excellent flavor, bears heavy crops, has soft seeds that can be chewed and eaten, and has a vivid red color. Yields high volumes of antioxidant juice. Ripens late Aug to early Sept. Mature height if unpruned 15-18'. 150-200 chill hours. Zones 5-9.



**Wonderful:** Extra large. Blushed red skin. Flesh rich, red color, juicy flavor. Most well known of pomegranates. Ripens in September. 150-200 chill hours. Zones 5-9.

## Berries and Vines

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### **Blackberries** 1 gal potted 18-30" tall

**\$5.00**

**Bears: 2 years**

**Space: 3-5'**

**Sun: Full**

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**Apache:** Largest thornless upright berry available. Sweet, cone shaped berry, ripens late season. Excellent quality, cold hardy with a high yield. Zones 6-9.

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**Navaho:** Thornless, late ripening (mid-June). Has quality equal to Cheyenne and Shawnee. Best overall variety. Stands temperatures down to (-9) degrees F. Highly recommended. Zones 6-10.

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**Ouachita:** Newest variety from the U. of Ark. Upright, thornless. Very high fruit yield. Large fruit size. Ripens between Arapaho and Navaho. Zones 5-9.

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### **Blueberries** potted 2-3' tall

**\$10.00**

**Bears: 2 years**

**Space: 3-5'**

Full sun is well-drained soil with pH of 4.5-5.2 does best.

Produce best with at least two or three varieties for cross pollination

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**Alapaha:** Early season, medium size, excellent firmness, flavor and yields. Plants are vigorous, upright with narrow crowns. Alapaha has the advantage of blooming late and ripening early, giving it important protection against late frosts. Ripens 10 days before climax. May to mid June. Zones 6-9

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**Climax:** Earliest ripening. Vigorous growing upright, open bush with long ripening season. 6-10' high at maturity. Berries are medium to large, dark blue in color and a good flavor. Zones 6-9.

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**Powderblue:** Mid season ripening, highly productive with medium to large size, sweet fruit, darker blue in color. Excellent quality. Zones 6-9.

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**Premier:** Early to mid season. Large berries, high quality. Keeps well. Good for u-pick and fresh market. Bright green foliage makes it good for ornamental. Highly productive. Zones 6-9.

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**Tiftblue:** Mid to late season. Has been the most popular and widespread planted variety because of its appearance, productivity, and shipping qualities. Berries are large, firm, light blue and very high flavored. Reaches height of 8-14' at maturity. Zones 6-9.

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**Raspberries bare root 12-18" tall****\$5.00****Bears: 1 year****Space: 3-5'****Sun: Full**

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**Anne:** Golden yellow, fall bearing variety, Pairs wonderfully with Heritage. Its excellent size, appearance, and sweet flavor make it a great choice for a fall bearing golden raspberry. Zones 3-8.

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**Heritage:** Upright and the best ever-bearing red raspberry on the market. Berries are large firm and extremely attractive. Disease resistant, Produces vigorous canes. Late season. Zones 4-9.

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**Kiwi bare root 2-4'****\$20.00****Space: 12'****Sun: half day to full day**Must be planted at least 1 male per 8 female

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**Anna:** Female. A very vigorous and productive vine, Anna is the most popular variety for commercial growers and bears abundant crops of large, very sweet, delicious fruit. Zones 3-9.

**Ken's Red:** Female, Produces a very large fruit with reddish purple skin and flesh with a sweet taste. A very unique variety. Zones 3-9.

**Male:** Selected for its profuse bloom, our male variety can pollinate up to 8 female Hardy Kiwis. It also makes an attractive and vigorous, non-fruit bearing ornamental vine. Zones 3-9.

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**Muscadines 2 year potted 3-5'****\$10.00**

Plant in well-drained and fertile soil, requires full sun. PH level 6.0-6.5. Plant 15' apart 10' rows for home use. Put on trellis constructed of 6-1/2' post set 2' in ground. Use no. 9 galvanized wire

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**Tara:** Bronze Self-Fertile. 17% sugar, good size, very vigorous, high yields, dry scar and cold hardy. Ripens early to mid season.

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**Late Fry:** - Bronze Self-fertile. 20% sugar. Very large clusters, good quality, ripen late. Very vigorous and very high yields.

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**Nesbit:** Black Self-Fertile. 18% sugar, large clusters, very productive, disease resistant, dry scar, ripens over long period. Mid-late season

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**Ison:** Black Self-fertile. 19% sugar, very productive, ripens uniformly, large clusters, dry scar, early to mid season. Best black pollinator